



ur Long Stay programme gives you everything you need for your winter break: enriching experiences in a safe environment, direct contact with nature and facilities for maintaining a healthy lifestyle. Added advantages of this unique destination are Cuba's safe and robust health services, as well as the country's most prized asset: the boundless cheerfulness of its people.

A NEVER-ENDING SUMMER

Cuba enjoys a splendid climate all year round with a cool breeze and warm waters.

YOUR DESTINATION, YOUR SAFETY

Idyllic holiday settings are the island's best attribute.

WE PROTECT YOUR HEALTH

Take advantage of a leading destination in the area for health services, which are available and accessible from all our accommodation options.









AUTHENTIC EXPERIENCES

Keep active at every destination by enjoying a variety of nature and local culture experiences alongside other travellers that share your lifestyle.

CHEERFUL PEOPLE

Discover the essence of Cuba and its main asset: its people.

SHARE THE WONDERS OF CUBA

Connect to our free Wi-Fi so you can keep in touch with friends and family and share every moment of your stay.

YOUR HOME AWAY FROM HOME e offer several accommodation options at the island's most stunning holiday destination, **Varadero.**

You can choose the all-inclusive option at **Sol Palmeras** and **Meliá Internacional Varadero**, or you can enjoy a more independent stay in our **Meliá Marina Varadero Apartments**. We provide you with all the facilities you need to enjoy a long, restful and carefree stay. Besides the benefits of our accommodation, **we guarantee primary healthcare at the establishment.**

INCLUDED IN THE PROGRAMME





- All-inclusive accommodation
- Free Wi-Fi
- Exclusive facilities and services:
 - Pre-arrival assistance
 - Personalised check-in
 - Early check-in and late checkout up to 14.00
 - 3 green fees included per person per week
 - 1 hydrothermal circuit at the Yhi Spa included per week at Varadero hotels offering this service
 - Priority booking of additional services (e.g. sports courts, golf, Yhi Spa, scuba diving)
- Special discounts on extra services at the hotel
 - 20% discount on a massage at the Yhi Spas in Varadero
 - 30% discount on laundry service for stays up to 30 nights
 - 50% discount on laundry service for stays over 31 nights
 - 15% discount on the food and drink in the extras menu
- Primary healthcare at the establishment
- Attractive discounts at other Meliá hotels in Cuba





- Accommodation in:
 - Studio apartment
 - 1-bedroom apartment
 - 2-bedroom apartment
 - 3-bedroom apartment
- Free Wi-Fi
- Exclusive facilities and services:
 - Pre-arrival assistance
 - Personalised check-in
 - Early check-in and late checkout up to 14.00
 - Access to a gym
- One apartment clean and change of towels and sheets per week
- Special rates for extra cleaning service
- Special discounts on extra services
 - 20% discount on a massage at the Yhi Spas in Varadero
 - 30% discount on laundry service for stays up to 30 nights
 - 50% discount on laundry service for stays over 31 nights
 - 10% discount at the Bowling Alley, Casa de la Música (House of Music) and Plaza Las Morlas restaurants, and on trips with Gaviota Tours Varadero
- Primary healthcare at the establishmen
- Attractive discounts at other Meliá hotels in Cuba

VALID FOR A MINIMUM STAY OF 21 OR MORE NIGTHS.

Book your place now! WWW.MELIACUBA.COM